

MY GREAT WEEK PLANNER

BY ANGELS GOMEZ - BALANCE COACH

AFFIRMATION: WHAT WILL YOU TELL YOURSELF?

THINGS TO DO: BY AREAS



NOT TO FORGET...: [INSERT PRIORITIES]

IS IT REALISTIC?

HOW CAN I MAKE IT WORK?

MY GREAT DAY PLANNER

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AFFIRMATION:

THINGS TO DO: [TICK WHEN DONE!]



NOT TO FORGET...: [INSERT YOUR REMINDER]

WHAT DID I LEARN?

WHAT ARE THE BENEFITS?



THOUGHT SHEET

BALANCE COACH



THOUGHT SHEET

BALANCE COACH

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This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

PLEASE SHARE YOUR EXPERIENCE ON THE LINK BELOW! IF YOU FEEL YOU WOULD BENEFIT EXTRA SUPPORT TO CONTINUE IMPROVING BOOK A FREE DISCOVERY CALL HERE: <https://go.oncehub.com/balancecoachcalls> / INFO@BALANCECOACH.NET